

# Nutritional analysis

## 5819 - - 1201-6 Steak spice unit 30% less salt v1

Edible portion : 35,0 \* 100,00 g

Weight / volume : 0,000

Serving :

Category :

### Allergènes

Nutrients	value Per serving	value per 100 g	Canadian DRI per serving	USA DRI per serving
Energy (kilocalories) ( kcal )	172,913	172,913	8,6 %	8,6 %
Protein ( g )	7,667	7,667		15,3 %
Fat (total lipids) ( g )	1,533	1,533	2,0 %	2,0 %
Carbohydrate, total (by difference) ( g )	37,862	37,862	12,6 %	13,8 %
Fibre, total dietary ( g )	12,608	12,608	45,0 %	45,0 %
Calcium ( mg )	207,780	207,780	16,0 %	16,0 %
Iron ( mg )	13,240	13,240	73,6 %	73,6 %
Potassium ( mg )	553,795	553,795	11,8 %	15,8 %
Sodium ( mg )	14574,664	14574,660	633,7 %	607,3 %
Vitamin a (international units) ( iu )	81,195	81,195		1,6 %
Vitamin c ( mg )	10,060	10,060	11,2 %	11,2 %
Cholesterol ( mg )				
Vitamin a (retinol equivalents) ( re )	8,120	8,120	0,8 %	
Fatty acids, saturated, total ( g )	0,432	0,432		2,2 %
Fatty acids, trans, total ( g )				
Sugars, total ( g )	1,788	1,788	1,8 %	
Vitamin d (international units) ( iu )				
Moisture ( g )	0,076	0,076		

### Energy % from

Protein : 15,65 %      Fat : 7,04 %      Carbohydr.: 77,30 %      Cholesterol : 0,00 %      SFA : 1,99 %  
linoleic acid : 0,00 %      linolenic acid : 0,00 %